



# EXODUS 8:12-28



## SHABBAT VA-EIRA — 16 JANUARY 2021

### JAMI MENTAL HEALTH AWARENESS SHABBAT

- יב** וַיֹּאמֶר יְהוָה, אֶל-מֹשֶׁה, אָמַר אֶל-אַהֲרֹן, נִטָּה אֶת-מִטְּהָ וְהָיָה אֶת-עַפְרַיִם הָאָרֶץ; וְהָיָה לְכַנָּם, בְּכָל-אֶרֶץ מִצְרָיִם.
- יג** וַיַּעֲשׂוּ-כֵן, וַיִּט אַהֲרֹן אֶת-יָדוֹ בְּמִטְהָו וַיִּזְף אֶת-עַפְרַיִם הָאָרֶץ, וַתְּהִי הַכֶּנֶם, בְּאֲדָם וּבְבַהֲמָה: כָּל-עַפְרַיִם הָיָה כְּנִים, בְּכָל-אֶרֶץ מִצְרָיִם.
- יד** וַיַּעֲשׂוּ-כֵן הַחֲרָטְמִים בְּלִטְיָהֶם לְהוֹצִיא אֶת-הַכֶּנֶם, וְלֹא יָלְלוּ; וַתְּהִי, הַכֶּנֶם, בְּאֲדָם, וּבְבַהֲמָה.
- טו** וַיֹּאמְרוּ הַחֲרָטְמִים אֶל-פְּרֹעֶה, אֲצַבֵּעַ אֱלֹהִים הוּא; וַיַּחֲזֹק לֵב-פְּרֹעֶה וְלֹא-שָׁמַע אֲלֵהֶם, כְּאֲשֶׁר דִּבֶּר יְהוָה. {ס}
- טז** וַיֹּאמֶר יְהוָה אֶל-מֹשֶׁה, הֲשִׁכַם בְּבִקְרָה וְהִתְיַצַּב לִפְנֵי פְרֹעֶה--הִנֵּה, יוֹצֵא הַמִּיָּמָה; וְאָמַרְתָּ אֵלָיו, כֹּה אָמַר יְהוָה, שְׁלַח עַמִּי, וַיַּעֲבֹדֵנִי.
- יז** כִּי אִם-אֵינְךָ, מְשַׁלַּח אֶת-עַמִּי--הַנִּגְנִי מִשְׁלִיחַ בָּךְ וּבַעֲבֹדְיָךְ וּבַעֲמָלְךָ וּבְבִתְיָךְ, אֶת-הָעֶרֶב; וּמְלֹאוּ בְתֵי מִצְרַיִם, אֶת-הָעֶרֶב, וְגַם הָאֲדָמָה, אֲשֶׁר-הֵם עֹלְיָהּ.
- יח** וְהַפְּלִיתִי בַיּוֹם הַהוּא אֶת-אֶרֶץ גִּשְׁוֹן, אֲשֶׁר עַמִּי עֹמֵד עֲלֶיהָ, לְבִלְתִּי הָיֹת-שָׁם, עֶרֶב--לְמַעַן תִּדַּע, כִּי אֲנִי יְהוָה בְּקִרְבֵּי הָאָרֶץ.
- יט** וְשִׁמְתִי פָדַת, בֵּין עַמִּי וּבֵין עַמָּךְ; לְמַחֵר יִהְיֶה, הָאֵת הַזֶּה.
- כ** וַיַּעַשׂ יְהוָה, כֵּן, וַיָּבֵא עֶרֶב כָּבֵד, בֵּיתָה פְּרֹעֶה וּבֵית עַבְדָּיו; וּבְכָל-אֶרֶץ מִצְרַיִם תִּשְׁחַת הָאָרֶץ, מִפְּנֵי הָעֶרֶב.
- כא** וַיִּקְרָא פְּרֹעֶה, אֶל-מֹשֶׁה וּלְאַהֲרֹן; וַיֹּאמֶר, לָכוּ זָבְחוּ לֵאלֹהֵיכֶם--בְּאֶרֶץ.
- כב** וַיֹּאמֶר מֹשֶׁה, לֹא נִכּוֹן לַעֲשׂוֹת כֵּן, כִּי תוֹעֵבַת מִצְרַיִם, נִזְבַּח לִיהוָה אֱלֹהֵינוּ: הֵן נִזְבַּח אֶת-תּוֹעֵבַת מִצְרַיִם, לְעֵינֵיהֶם--וְלֹא יִסְקְלֵנוּ.
- כג** דַּרְךְ שְׁלֵשֶׁת יָמִים, גִּלְף בַּמִּדְבָּר; וְנִזְבַּחְנוּ לִיהוָה אֱלֹהֵינוּ, כְּאֲשֶׁר יֹאמֶר אֱלֹהֵינוּ.
- כד** וַיֹּאמֶר פְּרֹעֶה, אֲנֹכִי אֲשַׁלַּח אֶתְכֶם וְנִזְבַּחְתֶּם לִיהוָה אֱלֹהֵיכֶם בַּמִּדְבָּר--רַק הֲרַחֵק לֹא-תִרְחִיקוּ, לְלֶכֶת; הֲעֵתִירוּ, בַּעֲדֵי.
- כה** וַיֹּאמֶר מֹשֶׁה, הִנֵּה אֲנֹכִי יוֹצֵא מֵעַמָּךְ וְהֲעֵמְרָתִי אֶל-יְהוָה, וְסָר הָעֶרֶב מִפְּרֹעֶה מֵעַבְדָּיו וּמֵעַמּוֹ, מִחֵר: רַק, אֶל-יִסֹּף פְּרֹעֶה הַתֵּל, לְבִלְתִּי שְׁלַח אֶת-הָעָם, לְנִזְבַּח לִיהוָה.
- כו** וַיֵּצֵא מֹשֶׁה, מֵעַם פְּרֹעֶה; וַיַּעֲמֶר, אֶל-יְהוָה.
- כז** וַיַּעַשׂ יְהוָה, כְּדִבַּר מֹשֶׁה, וַיִּסַּר הָעֶרֶב, מִפְּרֹעֶה מֵעַבְדָּיו וּמֵעַמּוֹ: לֹא נִשְׁאַר, אֶחָד.
- כח** וַיִּכְבַּד פְּרֹעֶה אֶת-לְבוֹ, גַּם בַּפֶּעַם הַזֹּאת; וְלֹא שְׁלַח, אֶת-הָעָם. {פ}

Then the LORD said to Moses, "Say to Aaron: Hold out your rod and strike the dust of the earth, and it shall turn to lice throughout the land of Egypt."

And they did so. Aaron held out his arm with the rod and struck the dust of the earth, and vermin came upon man and beast; all the dust of the earth turned to lice throughout the land of Egypt.

The magicians did the like with their spells to produce lice, but they could not. The vermin remained upon man and beast; and the magicians said to Pharaoh, "This is the finger of God!" But Pharaoh's heart stiffened and he would not heed them, as the LORD had spoken.

And the LORD said to Moses, "Early in the morning present yourself to Pharaoh, as he is coming out to the water, and say to him, 'Thus says the LORD: Let My people go that they may worship Me.

For if you do not let My people go, I will let loose swarms of insects against you and your courtiers and your people and your houses; the houses of the Egyptians, and the very ground they stand on, shall be filled with swarms of insects.

But on that day I will set apart the region of Goshen, where My people dwell, so that no swarms of insects shall be there, that you may know that I the LORD am in the midst of the land.

And I will make a distinction between My people and your people. Tomorrow this sign shall come to pass.'"

And the LORD did so. Heavy swarms of insects invaded Pharaoh's palace and the houses of his courtiers; throughout the country of Egypt the land was ruined because of the swarms of insects.

Then Pharaoh summoned Moses and Aaron and said, "Go and sacrifice to your God within the land."

But Moses replied, "It would not be right to do this, for what we sacrifice to the LORD our God is untouchable to the Egyptians. If we sacrifice that which is untouchable to the Egyptians before their very eyes, will they not stone us!

So we must go a distance of three days into the wilderness and sacrifice to the LORD our God as He may command us."

Pharaoh said, "I will let you go to sacrifice to the LORD your God in the wilderness; but do not go very far. Plead, then, for me."

And Moses said, "When I leave your presence, I will plead with the LORD that the swarms of insects depart tomorrow from Pharaoh and his courtiers and his people; but let not Pharaoh again act deceitfully, not letting the people go to sacrifice to the LORD."

So Moses left Pharaoh's presence and pleaded with the LORD. And the LORD did as Moses asked: He removed the swarms of insects from Pharaoh, from his courtiers, and from his people; not one remained.

But Pharaoh became stubborn this time also, and would not let the people go.